

This diagram will help to show you how your treatment will progress

THE FIRST APPOINTMENT

Patients are referred by their dentist to an Orthodontic Practice for specialist advice. The Orthodontist is concerned about the position and function of the teeth and jaws.

At the first appointment the Orthodontist examines the mouth with a small mirror and ruler, and X-rays are usually taken to check the developing teeth. Advice is then given regarding the need for treatment, the types of braces that may be used, and the likely time that treatment would commence. Our treatment coordinators are specially trained to discuss all aspects of orthodontic treatment. The possible outcomes are

IT IS TOO EARLY TO HAVE TREATMENT
We will suggest an appropriate time for a review appointment.

REFERRAL TO HOSPITAL
Some treatments may need to be carried out in a Hospital department; the need for this will be explained at the first appointment. We will make these arrangements for you.

TREATMENT NOT INDICATED
If the patient is unable to maintain an excellent standard of oral hygiene we will not offer treatment. This is because teeth and gums can be damaged if braces are not kept perfectly clean. Another reason for advising against treatment is when there is a very mild orthodontic problem.

READY FOR TREATMENT
It is not usually possible to start straight away, but we will indicate the likely start time.

The practice has a contract with West Essex Primary Care Trust to provide NHS treatment for all patients under 18 years old who qualify under current guidelines.

NHS WAITING LIST
We can indicate the likely time that you would wait for an appointment.



PRIVATE TREATMENT

Clear appliances. Clear brackets can be used to make the appliance less noticeable.

Lingual appliances. In some cases the fixed appliances can be cemented on the inside and are therefore completely invisible.

Invisalign and other types of aligners can be used in certain mild cases. These work by aligning the teeth with a series of transparent removable retainers.

NHS TREATMENT

Surgery Hours:
Monday - Thursday 9.30 - 3.00pm
Friday 9.30 - 12.30 pm
See overleaf for types of braces.

Appointments scheduled about every 6 weeks. A fee will be charged for lost or broken appliances.



PRIVATE TREATMENT

Surgery Hours:
Monday - Thursday 8.30 - 5.00pm
Friday 8.30 - 1.00 pm
Tuesday 5pm - 7.00 pm

Private options include clear braces and lingual appliances (cemented on the inside) plus Invisalign. A range of treatments are available for adults, and children of all ages.

CANCELLATIONS AND EMERGENCIES

If you are unable to keep your appointment, please let the practice know as soon as possible, so we can give the appointment to someone else. If you miss two appointments without a reasonable explanation we may not be able to complete your treatment or offer you NHS care in the future.

If you need urgent treatment outside of the surgery hours you can contact the emergency orthodontist on 07666 867 585

RETENTION

